

# 10 Things People With Hearing Loss Wish You Knew

If you know someone with hearing loss, then you know communicating with them can be a challenge. I want to give you 10 things that people with hearing loss wish you knew:

- 1 Do not speak to them from another room.
- 2 Do not speak with your back toward the listener or their back toward you.
- 3 Do not speak as you're walking away.
- 4 Do not turn your face away from the listener while you're talking.
- 5 Do not speak when background noise is louder than your voice.
- 6 Do not speak without getting the listener's full attention — they need to concentrate on what you're saying.
- 7 Do not speak if there are obstacles in front of your face; even a shadow makes it more difficult for them to understand you.
- 8 Do not obstruct the view of your mouth while speaking.
- 9 Do not speak rapidly or shout.
- 10 Do not get frustrated with the listener; remember, most of the time they really do want to hear what you have to say.

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